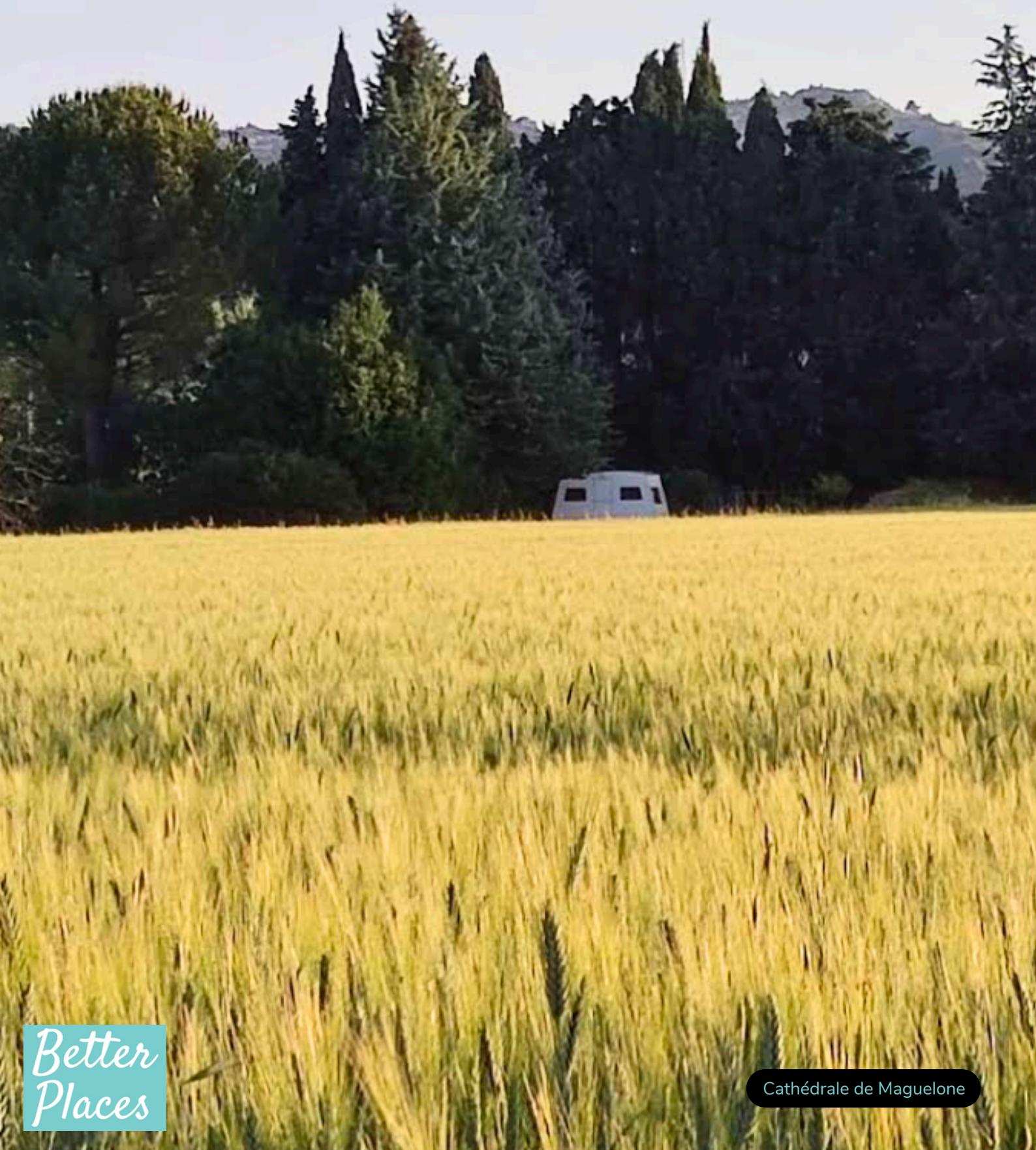


# PROPOSAL OF YOUR TRIP TO OCCITANIE



# ROAD TRIP TO OCCITANIE



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Vieux Port Marseille

## Your 9-days Trip

**Itinerary:** <https://tinyurl.com/3u5hw3ds>

**DAY 1-4 :** Marseille

**DAY 4-9 :** Montpellier

**Date:** from 26th May till 3r<sup>d</sup> June 2026

### Day 1 – Arrival in Marseille

**Accommodation:** A boutique hotel in the old Marseille, 3 nights  
Welcome to Marseille also called the “multi-faceted city” due to its cultural diversity.

France’s oldest city, offers an exceptional balance between vibrant Mediterranean life and easy access to protected natural areas. Depending on your arrival time, enjoy a gentle introduction to the city with a walk along the Old Port, the seaside promenade, or a relaxing dinner featuring fresh Mediterranean cuisine with vegetarian-friendly options.

You will arrive by train and transfer to your carefully selected boutique hotel located in the city center. You will stay in a homey northern African styled accommodation close to the old port, within walking distance of the historic Old Port.

### Day 2 – Guided Nature Walk in Parc Pastré & Coastal Exploration

In the morning, we recommend that you meet a local greeter for a guided hike through Parc Pastré or the Calanques, some of Marseille’s most beautiful and preserved natural parks.

Located between hills and sea, these protected areas offer peaceful trails surrounded by Mediterranean flora, panoramic sea views, and exceptional biodiversity.

Your guide shall introduce you to the region’s ecosystems and Marseille’s unique natural heritage.

In the afternoon, enjoy free time to explore Marseille’s coastal environments. Options include walking along the Corniche Kennedy coastal road, relaxing at Plage des Catalans, or discover the trendy Cours Julien neighbourhood.



Boutique hotel, Marseille



Boutique hotel, Marseille



Parc Pastré

# ROAD TRIP TO OCCITANIE

Better  
Places



Diner in Montpellier



Château de Flaugergues, Montpellier

## Day 3 - Frioul Islands Natural Escape

Today you will take a short ferry ride from Marseille's Old Port to the Frioul Islands, a protected archipelago known for its wild landscapes, crystal-clear waters, and peaceful hiking trails.

Enjoy hiking at your own pace along coastal paths or simply relaxing in this unique island environment.

Return to Marseille in the afternoon. Optional visits include Cosquer Méditerranée cave or MUCEM museums or Notre-Dame-de-la-Garde basilica for panoramic views of the city and coastline.

## Day 4 - Scenic Transfer to Villeneuve-lès-Maguelone via Pont du Gard & Estezargues

**Accommodation:** A BnB between lagoon and sea, 5 nights

Pick up your rental car in Marseille Saint-Charles and begin your transfer toward Occitanie through vineyards and rolling Mediterranean landscapes.

Head to the charming typical southern French village of Estezargues for lunch at new off-the-beaten-path "bistro" offering seasonal cuisine based on fresh local ingredients, with excellent vegetarian options. You can also enjoy a visit at the local natural wine cellar or the olive oil mill ran by your local expert's family, before heading to the Pont du Gard, a UNESCO World Heritage Site, located 10min away. It is one of the most impressive Roman aqueducts in existence !

Then, continue to Villeneuve-lès-Maguelone and check-in at your peaceful --converted wine cellar-- guesthouse located between lagoons, vineyards, and the Mediterranean coast. At your own leisure you can also enjoy a massage on site.

## Day 5 - Maguelone Cathedral and Beaches

Today you will explore the surrounding natural areas by electric bike, following scenic cycling paths through lagoons, vineyards, and protected coastal environments.

Visit the beautiful Maguelone Cathedral, located on a narrow strip of land between sea and lagoon, where you can have lunch and support a local social reinsertion initiative. Continue toward wild and protected Mediterranean beaches where you can relax, swim, and observe local birdlife, including flamingos.

## LOCATIONS



Local Bistro in Estezargues



Villeneuve-lès-Maguelone



BnB in Maguelone

# ROAD TRIP TO OCCITANIE



Place de la Comédie, Montpellier



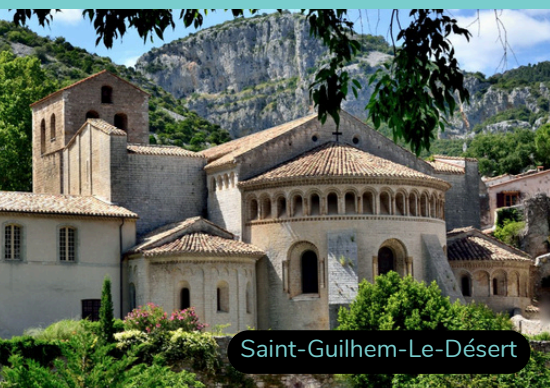
Visit with Alice



Pic Saint Loup



Local permaculture farm



Saint-Guilhem-Le-Désert

## Day 6 – Montpellier Discovery & Wine Estate and Mushroom Farm Experience

Today you will cycle up to Montpellier and discover a vibrant Mediterranean city combining historic charm and contemporary culture. Park the bikes in the latest underground bike park under the famous Place de la Comédie and explore its elegant historic center, lively squares, and pedestrian streets.

In the afternoon, enjoy a unique experience with me, at a historic wine estate with a permaculture farm. Discover the vineyards, and visit a fascinating underground mushroom farm located in a former WWII bunker. And conclude the visit with a tasting of local wines and beer produced on site.

## Day 7 – Pic Saint-Loup Natural Park

Today you may drive up and explore the Pic Saint-Loup region, one of southern France's most iconic natural landscapes.

Enjoy hiking opportunities, scenic drives, vineyard visits, or simply relaxing in peaceful natural surroundings.

This area offers spectacular views over vineyards, mountains, and Mediterranean plains.

## Day 8 – Saint-Guilhem-le-Désert & Hérault Valley

Discover Saint-Guilhem-le-Désert, one of France's most beautiful villages, located in the stunning Hérault Valley.

Explore medieval streets, visit the historic abbey, and enjoy nature walks along the river or across local hills. Swimming and relaxation in preserved natural areas is possible if you wish.

Farewell dinner suggestion at a local restaurant featuring fresh seasonal cuisine with vegetarian options.

## Day 9 – Departure

Enjoy your breakfast, before returning your rental car in Montpellier train station and continue your journey back home by train.

**TOTAL FOR 2 PEOPLE €2 679**  
**PER PERSON €1 339,50**

# RECOMMANDATIONS

## WHAT IS OR NOT INCLUDED ?



### WHAT IS INCLUDED

- All our best recommendations for walking and cycling hikes and contacts for local guides
- 8 nights accommodations ; 3 nights in a hotel in Marseille and 5 nights in a BnB in Villeneuve-Lès-Maguelone with breakfasts
- Your itinerary across southern France
- Activities :
  - Ferry ticket to Frioul island
  - 2 electrical bikes rental for 2 days in Villeneuve Lès Maguelone
  - Organic wine tasting in a wine chateau and beer tasting
  - Visit of gardens and permaculture farm with Alice
- Meals
  - 1 lunch for 2 people at a local bistro in Estezargues
  - 1 diner for 2 people at a local sustainable restaurant in Marseille
  - 1 diner for 2 people at a local sustainable restaurant in Montpellier
- Car rental with Enterprise Rent-A-Car, with insurance, no waiver and unlimited milage, from Marseille-St-Charles to Montpellier Saint Roch, from 29/05-03/06/2026 with a Renault Twingo or equivalent

### WHAT IS NOT INCLUDED

- Travel insurance. We recommend that you purchase a travel insurance to cover unforeseen events, such as cancellations, medical emergencies, or lost luggage
- Transportation to and from the Netherlands, across France and in your spare time
- Meals : lunches, diners and beverages not mentioned above are at the travelers' expense
- Tips for the different partners throughout your trip
- Any activities not listed as included above

### RECOMMENDATIONS

#### **Weather forecast**

Southern France in late May and early June typically experiences warm temperatures, but it's always best to pack some warm and rain clothes.

#### **Packing**

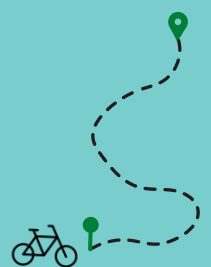
Opt for comfortable walking shoes and versatile clothing items that can be layered for changing weather conditions.

#### **Travel Documents and Essentials**

Although you will be in the EU, please make sure to carry all necessary travel documents, including ID/passports, travel insurance information, your itineraries...

#### **Travel Security and Safety**

Although we ensure that your trip is as safe as possible, please keep your belongings secure at all times. Be vigilant in crowded areas and avoid displaying valuable items openly.



# WELCOME TO SOUTHERN FRANCE

Dear members of Better Places,

We hope that this travel proposal finds you enthusiastic about your next holidays with us. On behalf of the entire team, we'd like to sincerely thank you for wanting to travel differently and support a meaningful local economy.

By booking a holiday with us, you would be contributing to the development of a more responsible and sustainable form of tourism, with a focus on preserving culture and the environment. We are honoured to accompany you on an adventure that promises to be participatory, learning and memorable.

We're delighted to offer you an exciting program for your stay, including visits, workshops and deeply cultural experiences between Marseille and Montpellier.

By booking with us, you will become agents of change and ambassadors for ecotourism. Your presence will have a positive impact on our terroir and local area, as each of your interactions and shared experiences helps to strengthen our local economy and maintain and develop biodiversity.

We do our utmost to make your stay unforgettable and to offer you a unique, authentic and positive experience.

Once again, thank you for choosing us for your holidays in France and if you have any questions or specific requests regarding this proposal, please do not hesitate to contact us. We'll be happy to answer any questions you may have and ensure your stay will be as enjoyable as possible.

Enjoy your trip with Better Places!

Permaculturally yours,  
Alice

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## **CONTACT**

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